

Skye & Lochalsh Young Carers

Fire & Rescue Service Project June 2008 – June 2009

Aims	Methodology	Activities	Participants	Venues
1. Increase awareness of fire risks at home	Group discussions Questionnaires Arts/Media activities	Group session topic discussions Fire risk observation photography Produce visual quiz sheet On-line website quiz sheets and challenge games	Young carers aged 5 to 17	Victoria Cottage, Portree Red Cross Centre, Kyle
2. Promote accessibility of key information for fire fighters	Questions/discussions /consultation	Home Fire Card produced (A5 laminated sheet with attached special pencil) for each young carer to take home, fill out and hang up in an easily accessible place	Young carers aged 5 to 17 (1 card given to each family)	Victoria Cottage, Portree Red Cross Centre, Kyle
3. Increase the confidence of young carers in implementing appropriate action in the event of a fire	Group discussions Role play Arts/Media activities Develop Fire Safety card game	Group sessions and discussions about appropriate actions in case of fire Blind folded role play, how to get out of a room if it was full of smoke Fire Safety card game was developed with the young carers to explore fire risks and fire safety in the home (this is a set of 30 cards with images and words which can be played in a number of different ways)	Young carers aged 5 to 11	Victoria Cottage, Portree Red Cross Centre, Kyle
4. Reduce feelings of fear and panic associated with emergency services and crisis situations	Visit from Fire Service personnel	Fire Officers presentation, quiz sheets and discussions Experience a live smoke test at Young Carers Service and escaping from the building	Young carers aged 5 to 11	Victoria Cottage, Portree Red Cross Centre, Kyle

5. Increase general awareness of fire and the issues surrounding it	Arts/Media activities Role play Discussion Hot/Cold topic sheet	Work together to make the fire monster, discussing fire and its effects Role play to develop his story (The fire monster helps control fire and advises humans) Discussion around 'Frances the firefly' book and issues raised Through images and discussions the pros and cons of hot and cold were explored and the need for safe controls highlighted and re-enforced	Young carers aged 5 to 17	Victoria Cottage, Portree
6. Increase support for young carer families	Information collated and forwarded to Highlands and Islands Fire Service	Some young carer families have given consent to have their homes electronically flagged up with the Fire and Rescue Service. This is a new initiative by Young Carers Service in partnership with the Portree branch of Highlands and Islands Fire Service	15 young carer families	

Number of participants:

Young Carers aged 5-11 - Total – 26

Young Carers aged 12-17 - Total – 20

Feedback from young carers:

Total average scoring for all fire activities throughout the year is 8.8 (using a scale of 1 to 10)

(Score of 1 means not good at all/unhelpful and 10 means excellent/very helpful)

Selection of images relating to different aims – sheet 1



Aims 1,3 - Drawing and painting – fire risks, action in a fire, fire and smoke, all for the fire safety card game



Aims 1,3 – Drawing and painting – fire risks and actions for the fire safety card game

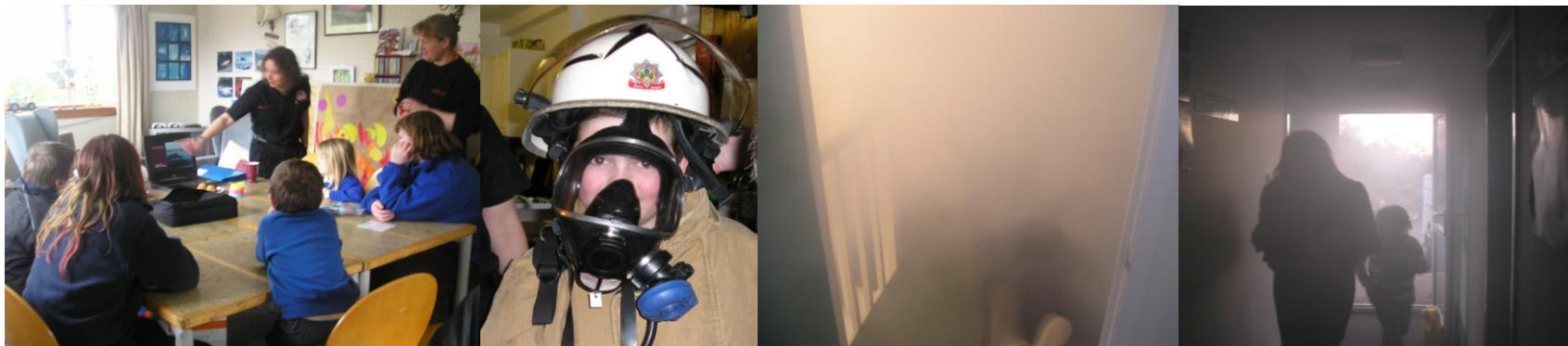


Aims 1 – Photographs taken by young carers highlighting fire risks and fire safety around Victoria Cottage (for Visual Quiz sheets)

Selection of images - sheet 2



Aims 3,5 - Building the fire monster and developing his story through role play



Aims 4 - Fire officers visit with live smoke test

Selection of images - sheet 3



Aims 2,5 – Fire Safety card game developed



Aims 1,3,5 – Large fire collage, Hot/Cold topic sheet and Home Fire card

